OK to Get Mad?



Be Angry! But Do Not Sin

Ephesians 4:26

²⁶ "Be angry, and do not sin": do not let the sun go down on your wrath,

²⁷ nor give place to the devil.

²⁸ Let him who stole steal no longer, but rather let him labor, working with his hands what is good, that he may have something to give him who has need.

- ²⁹ Let no corrupt word proceed out of your mouth,
- ³¹ Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice.
- ³² And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

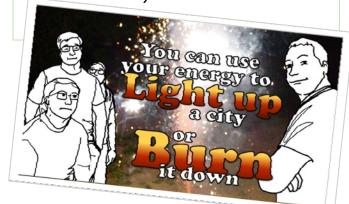
Prayer

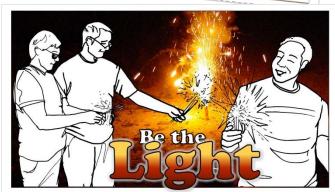
Forgive our trespasses, as we forgive those who trespass against us Matthew 6:9-13

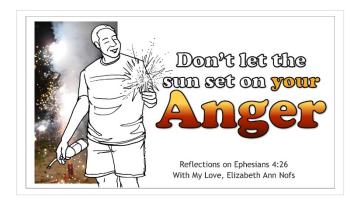


Reflection

Do not let the sun go down on your wrath!







Let There Be Peace

Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you

Let it Begin with Me

Be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

How can I make up for the pain I have caused?

Further Study

"Let There Be Peace On Earth"

Written by Jill Jackson Miller (1913-1995)

Jill Jackson's early life was filled with tragedy and self-doubt. Her unsuccessful suicide attempt led to a deep spiritual awakening. She wrote this song with her husband, Sy Miller, in 1955.

She called this song, "life-saving joy of God's peace and unconditional love."

Fellowship

Scripture in Song

https://youtu.be/0 DxNpW1kHQ

Let There Be Peace on Earth, a Christian hymn © 1995 Jill Jackson Miller and Sy Miller

References

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